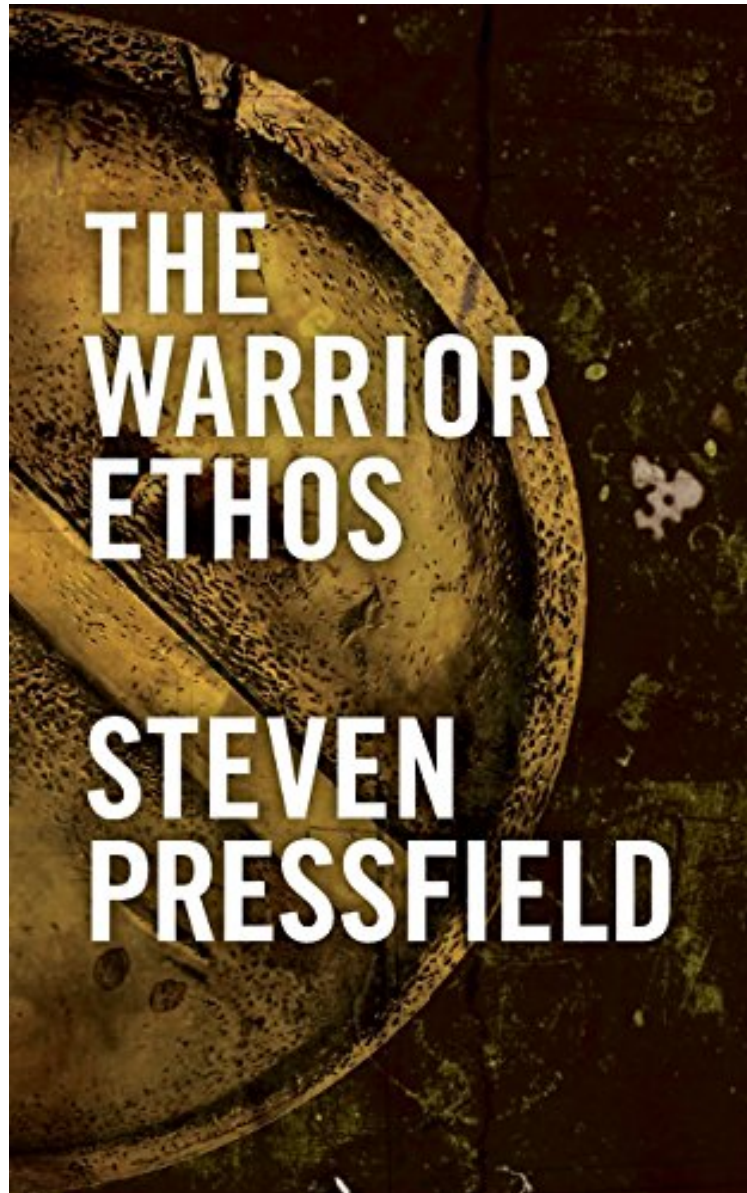


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The Warrior Ethos

Steven Pressfield

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can only be described as a sense of ownership in that you feel as though you are a person in the story you feel the pride, the glory, the shame, the remorse and loss as if the story were written around you. Steven as a Marine of 18 years you never fail to reinvigorate my love of being a Marine, a warrior you help me see my own strengths and weaknesses and how to I can be better as a warrior a husband and a father. You are my Alexander thank you for your mentoring. God bless!
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WARS CHANGE, WARRIORS DON'T We are all warriors. Each of us struggles every day to define and defend our sense of purpose and integrity, to justify our existence on the planet and to understand, if only within our own hearts, who we are and what we believe in. Do we fight by a code? If so, what is it? What is the Warrior Ethos? Where did it come from? What form does it take today? How do we (and how can we) use it and be true to it in our internal and external lives? The Warrior Ethos is intended not only for men and women in uniform, but artists, entrepreneurs and other warriors in other walks of life. The book examines the evolution of the warrior code of honor and "mental toughness." It goes back to the ancient Spartans and Athenians, to Caesar's Romans, Alexander's Macedonians and the Persians of Cyrus the Great (not excluding the Garden of Eden and the primitive hunting band). Sources include Herodotus, Thucydides, Plutarch, Xenophon, Vegetius, Arrian and Curtius--and on down to Gen. George Patton, Field Marshal Erwin Rommel, and Israeli Minister of Defense, Moshe Dayan.

About the Author Steven Pressfield is the author of The Profession, Gates of Fire, Tides of War, The Afghan Campaign, Killing Rommel, The War of Art and Do the Work among others. He is a former Marine. In 2003, he was made an honorary citizen by the city of Sparta in Greece.