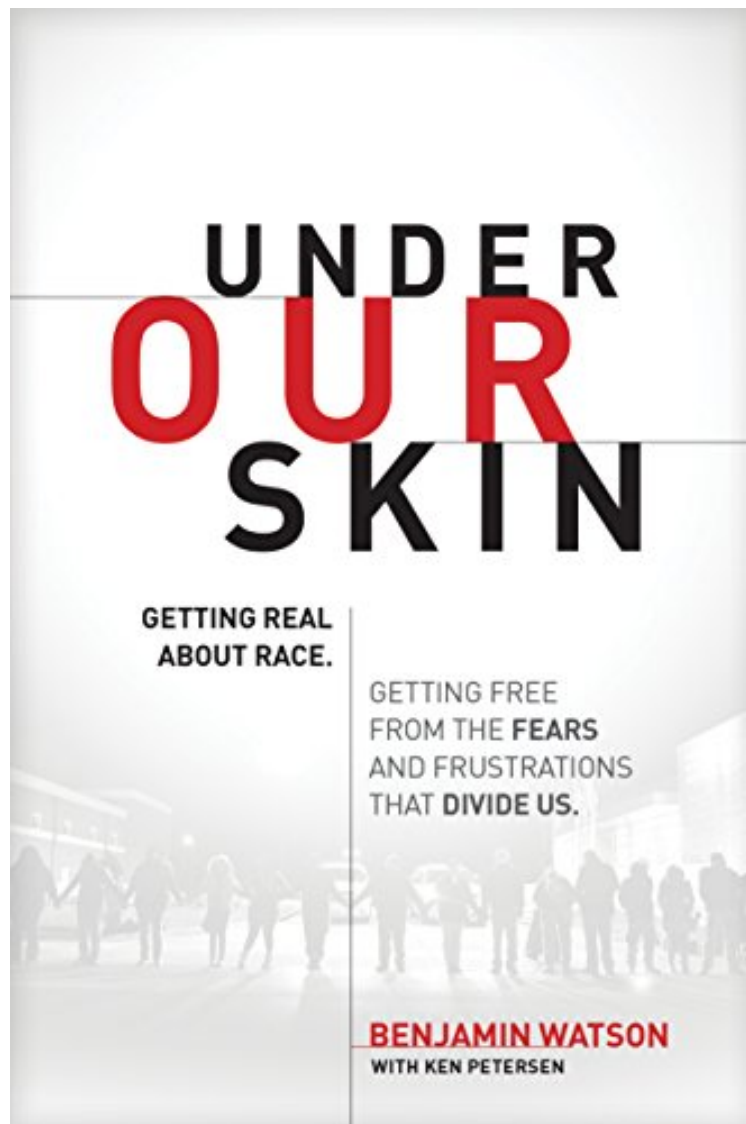


[Free download] Under Our Skin: Getting Real about Race. Getting Free from the Fears and Frustrations that Divide Us.

Under Our Skin: Getting Real about Race. Getting Free from the Fears and Frustrations that Divide Us.

Benjamin Watson

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Benjamin Watson : Under Our Skin: Getting Real about Race. Getting Free from the Fears and Frustrations that Divide Us. before purchasing it in order to gauge whether or not it would be worth my time, and all praised Under Our Skin: Getting Real about Race. Getting Free from the Fears and Frustrations that Divide Us.:

0 of 0 people found the following review helpful. We all need to read this book. By Jamie from Books and Beverages "We are beautifully different. But we are commonly human." One thing I love seeing is professional athletes using their platform to make a change in our world. It's one of my favorite reasons to watch sports. One such athlete? Benjamin Watson. I promise it's not just because he wears a Saints jersey (although BONUS INTERNET), but because he has done so much good in his community (he's up for the NFL Walter Payton Man of the Year award this year) and his recent book once again shows this. It's a topic that is vital for our country, especially with what's happened in recent years. I think this needs to be required reading. With honesty, truth, and grace, Benjamin Watson has written a book that we need today in America. The issue of race is a difficult and awkward topic for many people, but I truly believe this is one of the best books of the topic. There were many portions I really enjoyed and were thought-provoking (this book stems from his original Facebook post he wrote after the Ferguson decision was announced). I especially likes the stories of his Dad and Grandfathers. I loved hearing about how much his Dad impacted his life...especially since I feel the same way about mine. One more reason I think this book is so important is it opens up discussion. It's written with refreshing honesty and by sharing his experiences and his thoughts, he paves the way to talk about race in America. A discussion I truly believe we need more than ever. If we aren't willing to talk to understand each other, how will healing ever come? This book provides the opportunity. As Watson points out, "Talking about these issues is the first step to understanding and healing." I also agreed with and appreciated the thread of the Gospel. Jesus alone brings true healing. "So, finally, I'M ENCOURAGED because the gospel gives mankind hope." This is one of those books I also bought for my Kindle, so I can share it with folks easily and have it readily available. You know that's when I love a book: I need an e-copy and a hard copy. What recent nonfiction read has made an impact on you? Is there one you're looking forward to reading this year? (Thank you to Tyndale Publishing for a copy of the book in exchange for my honest review) Originally posted at <http://booksandbeverages.org/2016/01/04/under-our-skin-getting-real-about-race-by-benjamin-watson-book-review/> 0 of 0 people found the following review helpful. Eye opening and refreshing By Kari This book was a a breath of fresh air. It was honest, eye opening on so many levels, unbiased, and God honoring. It's really made me look deeper at myself and my views of race. May the Lord use this book to convict and convince people, not only about necessary race issues and how we can become better neighbors and friends to others who may have a different skin color, but more importantly that we are all just human and in need of a Savior. Only through Him can we find true peace and the needed answers in a time where hate and evil continue to run rampant in many hearts. 0 of 0 people found the following review helpful. Great book offering true ideas about dealing with race in the US By Lee This is a well written book by Ben Watson following up on his important tweet following the shooting in Ferguson. He has great ideas, suggestions about race and relationships in the US. His great showing of humility helps moves us past "which side will I be on" thinking and moves us to places to help in the bettering of race relationships here in Amerca. Recommended for everyone who is concerned about the current racial tensions in the US.

Can it ever get better? This is the question Benjamin Watson is asking. In a country aflame with the fallout from the racial divide? in which Ferguson, Charleston, and the Confederate flag dominate the national news, daily seeming to rip the wounds open ever wider? is there hope for honest and healing conversation? For finally coming to understand each other on issues that are ultimately about so much more than black and white? An NFL tight end for the New Orleans Saints and a widely read and followed commentator on social media, Watson has taken the Internet by storm with his remarkable insights about some of the most sensitive and charged topics of our day. Now, in *Under Our Skin*, Watson draws from his own life, his family legacy, and his role as a husband and father to sensitively and honestly examine both sides of the race debate and appeal to the power and possibility of faith as a step toward healing.

This is a message every one of us needs to hear, and we're listening to what Benjamin Watson has to say. *Under Our Skin* is unflinchingly honest, strong, and authentic. You won't be able to put it down, and it will surprise, challenge, and inspire you in ways you never expected. (Holly Robinson Peete, Actress, author, philanthropist; Rodney Peete, Former NFL quarterback, author, entrepreneur) In his first book, *Under Our Skin*, Benjamin Watson does a superb job of exposing the many racial stereotypes that exist on all sides, and he helps people to understand that we are all human beings created by God and intended for great things. If we invest energy in understanding others, we will improve our own lives. (Benjamin S. Carson Sr., MD, Retired neurosurgeon and Republican presidential candidate) Benjamin Watson has been an outspoken advocate for racial unity based solely on the fact that Jesus Christ died for all people. Jesus came to this earth to cover the sin of mankind with His precious blood and to wipe out the sins of disobedience, immorality, and racial conflict. Under the skin of every human being beats a heart that has the potential to love and serve the Lord and Master of the soul made alive by the very breath of God. Thank you, Benjamin, for pointing people toward the One who came and dwelt among us, who died to save us, and who lives to prove His everlasting salvation to all who will come to Him. (Franklin Graham, President and CEO, Billy Graham Evangelistic Association and Samaritan's Purse) Packed with germane insights, this eye-opening book challenges current trends in American race relations, providing an important context for conversations about finding roads to racial unity. Read this book and be

better prepared to narrow the gap between our national creeds and deeds. (Barry C. Black, Chaplain of the United States Senate) Not many people can speak so honestly and eloquently about such a tough issue. Benjamin Watson shows great perspective on every side and challenges us all to embrace a higher moral and spiritual purpose. (Drew Brees, Quarterback, New Orleans Saints) If you thought you were moved by Benjamin's words in the wake of Ferguson, wait until you read this book. It is intensely personal, provoking real race discussions based on his own life and the issues still plaguing this nation. More importantly, though, my friend Benjamin leaves us with a sense of hope. (Brooke Baldwin, Anchor, CNN) A must-read for anyone who is frustrated by the racial strife and problems in our world and ready to become part of the solution. Stop everything you're doing and read what Benjamin Watson has to say. (Mark Richt, Head football coach, University of Georgia) Benjamin Watson is an important African American voice of balance and sanity in a world of racial chaos and confusion. He has used his platform as an NFL player to speak God's perspective on race. In this work, Ben will encourage and challenge you to think rightly and righteously about addressing the sin that is destroying our nation. (Dr. Tony Evans, Senior pastor of Oak Cliff Bible Fellowship and president of The Urban Alternative) I am honored to recommend my friend Benjamin Watson's first book, *Under Our Skin*. Ben has grabbed the attention of our nation with insightful writings on many of the issues that divide us. God has expanded Ben's reach way beyond the football field. I believe Ben is a voice for our time. In *Under Our Skin*, you will soon see why his wisdom on the issue of race in our nation is so needed. (Chris Tomlin, Musician, songwriter) Benjamin Watson is one of the most intelligent and thoughtful men I have ever met, inside or outside of football. When he examines a topic, it is never from the perspective of societal norms or cultural traditions. His observations are always based on sound, biblical principles. I know you will benefit from his insights into race and religion in the United States today. (Tony Dungy, Super Bowl winning head coach and New York Times bestselling author) From the Back Cover For so many people, the racial divide is an argument, a political position, a debate on TV. But keeping our distance isn't working. It's not an option anymore. This is about you and me. It's about our neighbors, our children, and our world. In this challenging look at race, bias, and justice, Benjamin Watson, tight end for the New Orleans Saints and social-media commentator, speaks from his deepest heart to articulate what many of us think and feel. Part memoir and part social commentary, *Under Our Skin* offers a look at both sides of the race debate and appeals to the power and possibility of faith as a step toward healing. It's a bold new path for us to follow as we come together to talk about the truths, myths, and realities of racial conflict. Change starts here. From the flap: Let's admit it. We all feel angry, offended, sad, hopeless, confused. But this is also true: We can be encouraged. Benjamin Watson is a tight end for the New Orleans Saints, a writer and speaker, and a widely read and followed commentator on social media. He attended Duke University as a freshman and transferred to the University of Georgia, where he majored in finance. After an all-SEC senior campaign, he was drafted in the first round of the 2004 NFL draft by the New England Patriots. He won a Super Bowl ring in his rookie season and appeared in another Super Bowl following the 2007 season. After a three-year stint with the Cleveland Browns—including the 2010 season in which he led the Browns in receptions, receiving yards, and receiving touchdowns—Watson signed with the Saints in 2013. Watson serves on the executive committee of the NFL Players Association and is the founder of the nonprofit One More foundation along with his wife, Kirsten. They live in New Orleans with their five children. Ken Petersen is a veteran of book publishing, having worked for Tyndale House Publishers and Random House/Crown (WaterBrook Multnomah). He has written numerous books and lives with his wife, Rita, in Colorado Springs. About the Author Benjamin Watson was drafted in the first round of the 2004 NFL Draft by the New England Patriots. As a Patriot, Benjamin received a Super Bowl ring in his rookie year. He now plays for the New Orleans Saints. He lives with his wife, Kirsten, and their five children in New Orleans, Louisiana. Ken Petersen is a veteran in the book publishing industry. He has written numerous books in the categories of memoir, motivation, self help, and theology, and he's coached a number of authors in writing and publishing. He lives with his wife, Rita, in Colorado Springs, Colorado.